

SELECTION CRITERIA

Summer Grand Expedition – August 7 to 16, 2026

Physical and Medical Criteria

- Be between 14 and 18 years old.
- Have a history of neoplasia that required treatments or interventions.
- Be in remission for less than 5 years.
- Have completed treatments and recovered from any side effects, although active treatments such as targeted therapy are not excluded.
- Not have behavioral issues that could disrupt the group or the expedition's safety.
- Not have serious back or joint problems.
- Significant functional limitations are not a contraindication. Cases will be evaluated individually based on the nature of the expedition

Selection Criteria Specific to the Expedition

- Not be afraid of water.
- Be able to swim while wearing a personal flotation device (PFD).
- Be able to remain seated and paddle in a canoe for 4 to 6 hours per day.
- Be able to kneel in a canoe, with the buttocks resting against a seat, for several minutes at a time.
- Have sufficient balance to move safely on slippery rocks and through forest terrain with natural obstacles (roots, rocks, dirt, mud, slopes, etc.).
- Be able to carry approximately 30 lb / 13.5 kg on one's back over trails ranging from 300 to 800 meters.